

Charlottesville City Schools Parent University



Purpose:

To engage parents and guardians of pre-K–6 students in workshops about important issues facing students in the 21st Century.

Keynote Speaker: Chris O'Neal

Mr. O'Neal will discuss the challenges of raising kids in a digital world. He is a former K–8 teacher who has served as State Director of Technology and currently works at both UVA and the Virginia Department of Education as a technology consultant.

Lunch Speaker: Dr. Ray Ford

Dr. Ford will address the importance of raising healthy kids and making healthy lifestyle choices for families. Dr. Ford was a practicing pediatrician in Charlottesville, Virginia for decades until his retirement in 2004. He is now Medical Director for the Haiti Mission and co-founder of an orphanage in Haiti.



Abundant Life Ministries will provide **free childcare** on a **first-come, first-served basis**. Please register in advance.

Return the Parent University and Child Care registration forms to your child's school office by **March 1, 2010**.

Door Prizes and Goodie Bags!

**In an effort to be "green,"
transportation is being
provided for participants**

Bus 1 Schedule	Pick Up
South 1 st St. at Lankford Ave.	8:25 a.m.
Blue Ridge Commons	8:30 a.m.
Jackson-Via School	8:36 a.m.
Johnson School	8:41 a.m.
Rockcreek Rd. at Cherry Ave.	8:43 a.m.
Buford School	8:45 a.m.
Westhaven Community Center	8:51 a.m.
Venable School	8:55 a.m.
Walker School	9:00 a.m.
Bus 2 Schedule	Pick Up
6 th St. at Rougemont Ave.	8:26 a.m.
2 nd St. at Friendship Court	8:31 a.m.
Clark School	8:35 a.m.
Burnley-Moran School	8:40 a.m.
Greenbrier School	8:47 a.m.
Hearthwood Apts. Entrance (Michie Drive)	8:55 a.m.
Walker School	9:00 a.m.
*Buses will depart Walker School at the end of the event.	

**Questions? Contact Angela Culley at 245-2672
or email Angela.Culley@ccs.k12.va.us.**

Agenda

9:00–9:30	Registration
9:30–10:05	Welcome and Keynote
10:20–11:20	Workshop Session 1
11:30–12:30	Workshop Session 2
12:30–1:30	Lunch & Speaker

*Continental Breakfast
and Lunch Provided*

Charlottesville City Schools
Parent University
Building Bridges for Success



March 13, 2010
9 a.m. to 1:30 p.m.
Walker Upper Elementary

Open to parents of children
Pre-K through 6th grade



Please return Registration
Form to your child's school
by **March 1, 2010**

**“Personal and Academic
Success for All”**

Workshop Sessions

The Parent University is **for parents only**. Childcare is available. Just return the enclosed form in advance. Following each title is a listing of the targeted grade level(s) for that session.

Math

1. Building Number Sense at Home

(Pre-K–6th)

Receive ideas and materials that can be used to help children understand counting, addition/subtraction, multiplication/division, and fractions.

2. Value of a Dollar: Teaching Your Child

(Pre-K–6th)

Learn why it is important for children to develop strong money management skills at an early age.

Reading

3. Helping and Encouraging Your Child to Read

(Pre-K–1st)

Help your child develop a love for reading.

4. Ramping Up Reading at Home

(2nd–6th)

Learn how to 1) create an atmosphere that encourages reading, 2) help your child choose books and, 3) get your family talking about books.

5. Books to Hook Boys

(4th–6th)

Receive book lists and other resources that target the boy who has trouble finding books that are interesting or who hates reading.

School Transitions

6. Off to Walker

(4th)

Learn more about Walker Upper Elementary and help your child navigate the transition smoothly and successfully.

7. Movin' On Up to Buford

(6th)

Learn more about Buford Middle School and help your child navigate the transition smoothly and successfully.

8. College Bound Classes

(4th–5th)

Why should elementary children think about college? See how college opportunities are impacted by choices made in elementary, middle, and high school. Learn about current college requirements and expectations.

Healthy Living

9. Growing Up Healthy...A Fun & Positive Approach to Healthy Family Living

(Pre-K–6th)

Learn about healthy eating habits, the CCS meal program, and recipes you can make with your children at home.

10. Stressed-Out Kids: What Parents Can Do

(Pre-K–6th)

Learn strategies to help your child understand and cope with stress and/or overwhelming emotions.

11. Too Good for Drugs

(3rd and 4th)

Help your children understand the risks associated with alcohol, tobacco, and illegal drug use.

12. Stress Management for Parents and Families

(Pre-K–6th)

Learn the cause and effects of stress and ways to better manage stress in your life.

13. Homework without Tears

(2nd–5th)

Learn about a parent's survival guide on how to handle today's homework assignment challenges.

English as a Second Language

14. Study Skills and Homework Help for English Language Learners

(Pre-K–6th)

Learn how to help your child be successful in American Schools.

15. Manejo de Stress para Padres y Familias

(Pre-K–6th)

Le enseñaremos como ayudar a sus niños a entender y arreglárselas con el stress y las emociones abrumadoras.

21st Century Skills

16. Critical Thinking Every Day

(Pre-K–1st)

Learn simple activities to complete and the questions to ask so your child can practice critical thinking on a daily basis.

17. Internet Crimes against Children

(Pre-K–6th)

Learn about Internet safety.

18. Welcome to The Hoot!

(Pre-K–6th)

Preview the Hoot website and learn ways to use the Internet with your child to support the skills being taught in the classroom.

19. How to Help Your Child Become a 21st Century Learner

(Pre-K–6th)

Receive strategies on how to help your child access, use, and evaluate information found on the Internet.

Registration Form

RETURN to your child's school by
March 1, 2010

Yes, I plan on attending the CCS Parent University.
My top THREE workshop choices are.

(Please indicate your choices by list number 1–19)

Choice One: _____

Choice Two: _____

Alternate choice: _____

Name of Parent/Guardian _____

Email Address _____

Telephone number _____

Names of children & grade level(s) _____

School(s) children attend _____

Do you need an interpreter? Yes No

If yes, what language? _____

(Every effort will be made to provide interpreters for those needing translation.)

I will be taking: *(check one)*:

Bus 1

Bus 2

No bus transportation needed

Drop-ins may be accepted, but we cannot guarantee space or lunch without pre-registration.

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